

2025 8hr Teton Ogre Race Update #2 - 05.26.2025

Hello 2025 8-hour Ogres!

It won't be long now until we set you loose on the course in the amazing Birch Creek Valley to go find some checkpoints! In the meantime, we wanted to reach out with another race update, since June 14th will be here before we know it. There's a lot of important information below, so please read thoroughly—and *please make sure your teammates have read through everything as well.*

This is the last pre-race update until Tuesday, June 10th, when we will send a preliminary course outline, (which will help immensely with your final race prep and organizing).

IMPORTANT TO-DOS BEFORE THE RACE:

- ***Make sure ALL of your teammates are signed up, and inform us of any roster changes.*** There are still a few teams who are missing teammates—please make sure all of your teammates have signed up individually. Last day to register is May 31st at 11pm!
- ***Read through the [Gear List](#) and [Race Details](#) page carefully. If you've recently signed up, please also look over [Update #1](#) which was sent out at the end of April.*** A successful adventure race depends largely on how organized you are beforehand. It's never too early to start going through your gear and thinking through your race plans and strategies. If you don't see the info you are looking for here, chances are it's on the website.
- ***Check your email on Tuesday, June 10th*** for the FINAL pre-race update.

WEATHER, CONDITIONS, AND WATER ON COURSE

Weather can be extremely variable in early June, so having good options as far as staying warm and dry will be important. Keep an eye on the forecast in the week+ leading up to the race, and we will pass along any final words of advice regarding weather and course conditions in our final race update on June 10th.

We also want to emphasize that given the more desert-y terrain of this year's race, water is pretty much non-existent on course. (There may be one "emergency" water source for purification, but we won't be 100% sure there is water present until the week before the race...and you're going to want to filter/treat it. :) In short, this means that you need to be prepared to carry a LOT of water, and start the race well-hydrated, *especially* if it's hot out! Over these next couple weeks, consider training with a heavier pack and try to get a good sense of how much water your body needs. Find some good electrolytes and try them out while training.

SCHEDULE

Saturday, June 14th, [Birch Creek Campground](#) (see *Camping and Race Headquarters Map* below)

Note: This is a tight timeline and time will go fast once you get your maps! Plan to show up to check-in as ready to race as possible!

7:45 - 8:30am*: check-in, team pictures, and map pick-up *Note new time

8:40am*: pre-race meeting (mandatory for all 8hr racers) *Note new time

9:30am sharp: race start. **Please Note there will be a short 10-20 minute bike ride on your own time from Race HQ to the race start. Please plan accordingly in order to arrive in time for the race start.

5:30pm: FINISH cut-off time

Post-race gathering and awards to follow ASAP

BIRCH CREEK VALLEY AND ITS RICH HISTORY

This year's race location is remote, rugged, and spectacular! There are no nearby restaurants, gas stations, or shops, and cell service is very limited. Plan to be self-sufficient, ditch the screens, and embrace the beautiful remoteness of the valley!

The area is rich in history, with human occupation tracing back more than 10,000 years, when mammoths, camels, and giant bison roamed. For thousands of years the valley provided important hunting grounds for the forerunners of today's Northern Shoshone. In the early and mid 1800s, trapping brought white settlers to the valley. In 1877, a band of Nez Perce men, women, and children led by Chief Joseph traveled through the valley along a perilous journey as they tried to escape persecution. ([Read more about the Nez Perce Trail here](#)). In the 1890s, the Birch Creek Valley experienced a short but prosperous mining boom, of which you will see remains throughout the course.

DRIVING DIRECTIONS

Make sure you can make it to Race HQ without cell service. Written directions are below. Plan to fill up with gas in either Leadore, Mud Lake, or Arco, depending on which direction you are coming from.

Approaching from to north via Leadore, ID:

- From Leadore, continue south on Hwy28 for 49.2mi. Turn right on Birch Creek Campground Middle Access Road. Go .4mi and look for Ogre HQ on the left.

Approaching from the south or east via Mud Lake, ID:

- From Mud Lake, continue one mile west on Hwy33. Take a slight right onto Hwy28 and continue 25.8mi. Turn left onto Birch Creek Campground Middle Access Road. Go .4mi and look for Ogre HQ on the left.

Approaching from the west via Howe, ID (no gas in Howe, fill up in Arco):

- From Howe, go 8.2mi east on Hwy33, then take a left onto Hwy22. Go 13.4mi and take a left onto Hwy28. Go 10.2mi and turn left onto Birch Creek Campground Middle Access Road. Go .4mi and look for Ogre HQ on the left.

CAMPING INFORMATION

Camping is not reservable, but we do have a couple group areas reserved and there are lots of other dispersed sites available—there will be plenty of space for everyone! Please see our Camping and Race Headquarters Map below and look for signs when you arrive indicating our two reserved group sites. You do not have to camp solely in these group sites, but if you do not find a site elsewhere, there will be space for you! Potable water is available at the far north end of the campground, and there are vault toilets throughout the campground north of Race HQ.

THANKS TO OUR RAD SPONSORS!

We couldn't put on the Teton Ogre without our amazing sponsors:

- **TERRY NATURALLY:** This premium supplement company has sent us an incredible assortment of samples for our racers, all selected to support athletes. We have been incredibly impressed by everything we've tried, and hope you will be too!
- **REC PAK:** A lightweight, complete meal for athletes and adventurers on the go!
- **PEAKED SPORTS:** A great sports shop in Driggs, ID, offering all kinds of outdoor gear.

- **[BARRELS AND BINS NATURAL MARKET:](#)** This little gem of a grocery store is located in downtown Driggs, and offers everything from fresh-pressed organic juice and smoothies, to all the energy food you'll need to get through the Ogre!
- **[OUT THERE USA:](#)** The best backpacks out there for adventure racing! Made for adventure racing, by a champion adventure racer. *Use code **TetonOgre25** for 25% off for racers, friends, and family!!*
- **[PEAK PRINTING:](#)** Local print shop in Driggs, printing all our maps and passports for the past 8 years.
- **[GARAGE GROWN GEAR:](#)** Founded by a local adventure racer and outdoor enthusiast herself, Garage Grown Gear features a huge selection of independently owned small outdoor gear brands.
- **[SQUIRT CYCLING PRODUCTS:](#)** High quality, original, and environmentally conscious bike maintenance products

[USARA MEMBERSHIP](#)

Please consider purchasing a [USARA membership](#) (only \$35/year) to support the wonderful sport of Adventure Racing! Annual membership is instrumental in sustaining USARA's efforts to support the US-based AR community and host an annual National Championship. In addition to supporting the community as a whole and having single-event fees waived, annual membership includes access to ExpertVoice, an incredible resource for athletes that unlocks pro-deals to hundreds of name-brands. For new racers, check out USARA's ["New to Adventure Racing"](#) database, a terrific collection of articles that will help you dive into the amazing sport of AR!

****If you have purchased a USARA membership since registering for the Teton Ogre, email us with your USARA number and we will reimburse you the \$8 USARA fee that was included in your registration!**

Can't wait to see you soon, and as always, please reach out to us with questions anytime.

-Abby and Jason

2025 Teton Ogre Adventure Race

Camping and Race Headquarters Map



~ 1 mile

Upper/Main Access Road

Potable Water

Birch Creek

Free first-come-first-served camping along this entire section of the campground, west of Highway 28. Camp wherever you'd like, or in the two reserved group sites south of Race Headquarters (see inset).

■ = Toilets

*Due to limited parking at Race HQ, if you are camping please plan to park at your campsite and ride to check-in, if possible. You are welcome to leave gear staged at Race HQ during the race, as long as it is contained. Thank you!

