

Teton Ogre Adventure Race

2025 24hr Racer Update #1

04.25.2025

Hello 2025 24-hour Ogres,

Race weekend is right around the corner! Thank you for signing up for what is going to be an incredible adventure in the wilds of Idaho, unlike any race you've done before! We can't wait to send you off into our favorite adventure playground.

As race weekend approaches, we will be sending out several racer updates, each with very important information crucial to your race planning. *Please check in with your teammates and make sure they are all getting these emails.* Much of this information can be found on our website, specifically on our [Race Details page](#) and our [Gear List page](#), both of which we update periodically so please check them often. Below are tons of important details—we know it's a lot, but **please read through everything carefully!**

SCHEDULE (subject to change)

Saturday, June 14th, [Birch Creek Campground](#)

9:45 - 10:30am: check-in, team pictures, and map pick-up (mandatory for all 24hr racers)

10:45am: pre-race meeting (mandatory for all 24hr racers)

11:45am sharp: race start

Sunday, June 15th

11:45am: finish cut-off time. Awards and post-race celebration to follow.

CAMPING/AMENITIES

As you may have noticed, Birch Creek Valley is a remote place, which is why it is so cool. :) If you are choosing to camp on Friday or Sunday nights, plan to be self-sufficient. There are no nearby restaurants, gas stations, or shops. Camping is not reservable, but we have a couple group areas set aside and there are lots of dispersed sites available—there will be plenty of space for everyone! We will send out more camping details and a map in our next pre-race update.

GEAR

Please go through the [Gear List page](#) carefully, and note that there is mandatory individual and team gear, as well as recommended gear (some of which is *highly* recommended). Mandatory gear is the bare minimum of what you should consider packing. We will be doing random gear checks this year, so please make sure you have everything with you. It's required for a reason.

****Please note that each 24hr racer is allowed one 35L or smaller backpack or duffel for their transition area gear such as extra food, shoes, water, layers, etc. NO HARD-SIDED BINS OR CONTAINERS.****

For those of you new to adventure racing, we know organizing and packing for a long race can feel daunting. We will be sending out a course outline email the Tuesday before the race, which will help everything come together!

WEATHER

June in the Idaho desert means we could get anything in terms of weather! We're talking SUN, RAIN, THUNDERSTORMS, WIND, HIGH TEMPS, LOW TEMPS, etc... Please plan for any scenario and keep in mind that

weather will most likely play a big role in your adventure! Teams who are prepared for anything will have the best experience.

TEAM REGISTRATION/TEAM CHANGES

There are still a few teams with teammates who still need to register. Please make sure all your teammates know they need to sign up individually by May 31st, (May 24th if they want a t-shirt). The sooner the better!

Also, it's super helpful if we know of any team changes or cancellations as early as possible. So, if you have any changes or even if you just anticipate a change, we'd love it if you could please let us know ASAP. :)

Lastly, if you are interested in adding a teammate to your team, let us know...we have some people of varying experience levels looking to jump on a team and would love to connect you to see if they might be a good fit.

VOLUNTEERS

We are still in search of volunteers for our 8-hour finish on Saturday evening! If you have any friends or family who might be hanging out and are interested in helping out, please have them contact us.

SPONSORS!

Our Ogre sponsors mean way more to us than just getting cool stuff. These are all companies that we have a personal connection with and believe in 100%. Please support these businesses and get psyched for some great samples and prizes come race weekend!

OUT THERE USA: One of our long-term sponsors, Out There USA, is once again offering a great discount to Ogre racers. Use code: **TetonOgre25** for 25% off any new Out There USA backpacks, designed by a world champion adventure racer, specifically for adventure racing!

TERRY NATURALLY: NEW! We are SUPER impressed with these supplements that actually work to combat pain, anxiety, and fatigue naturally. We are so excited to have this amazing brand on board, and can't wait for our racers to get to sample some of their products!

RECPAK: NEW! Consuming enough calories and getting the right nutrition during a long race can be tough. RecPak makes this super easy, with 700 calories of ultimate fuel in one convenient ultralight pouch. Just add water, shake it up, and drink!

SQUIRT CYCLING PRODUCTS: High quality, biodegradable, environmentally conscious bike products.

BARRELS AND BINS NATURAL MARKET: Located in Driggs, ID, this natural market is truly a gem, with grab-and-go lunches, a juice and smoothie bar, organic produce, everyday basics, and more. B&B has supported the Ogre from the very beginning and we couldn't be more grateful!

PEAKED SPORTS: Also in Driggs, ID, this sports shop has everything you need for any adventure! Peaked has sponsored the Ogre for over ten years!

Please keep an eye on your inbox and on the website for future updates and feel free to ask questions anytime.

We can't wait to see you all in June,
Abby, Jason, and Aesa