

## Teton Ogre Adventure Race 2022 8hr Racer Update #1

Hello 2022 Ogres!

Thank you so much for registering for an awesome Teton adventure coming up this June. With snow still covering the Tetons, we can't believe that the 2022 Teton Ogre is less than three months away!

As race weekend approaches, we will be sending out several racer updates, each with very important information crucial to your race planning. Team captains, please check in with your teammates and make sure they are all getting these emails. Much of this information can be found on our website, specifically on our [Race Details page](#) and our [Gear List page](#), both of which we update periodically so please check them often. Below are some important details, including info about boats for your race as well as some great deals for you racers from our sponsors.

### **TEAM REGISTRATION**

We have quite a few teams whose teammates have yet to register. *Please check in with your teammates and make sure everyone has signed up individually*, and be sure that you all sign up with the same team name so we know you are together.

The last day to register is June 11 (but it's very helpful if you get it done before that, if possible). It's also super helpful if we know of any team changes or cancellations as early as possible. So, if you have any changes or even if you just anticipate a change, we'd love it if you could please let us know ASAP. :)

### **ROCKY MOUNTAIN ADVENTURE SERIES**

The Teton Ogre is part of the Rocky Mountain Adventure Series, which is an awesome collection of adventure races in the region. Race three or more RMAS races and your team could be eligible for a great cash prize!

For more info and to view the race calendar, [click here](#).

### **SPONSORS and NOT-TO-MISS DEALS FOR RACERS:**

We couldn't put on the Teton Ogre without our amazing sponsors, most of whom have been supporting us from the very beginning!

- **PEAKED SPORTS:** A great sports shop in Driggs, ID. Offering all kinds of outdoor gear as well as bike and boat rentals.
- **GARAGE GROWN GEAR:** Founded by a local adventure racer and outdoor enthusiast herself, Garage Grown Gear features a huge selection of independently owned small outdoor gear brands. Use code **OGREGEAR12** or [follow this link](#) for 12% off everything on site!
- **OUT THERE USA:** Made for adventure racing, by a champion adventure racer himself. These packs provide functionality that truly will help you race faster and smarter. We are not just saying

that because they're a sponsor...these packs are truly awesome and have really smart features not found in other packs. Use code **TetonOgre20** for 20% off your new pack!

- **[KATE'S REAL FOOD:](#)** Locally owned and operated organic energy bar company. We don't race without 'em! Absolutely delicious and nutritious.
- **[BARRELS & BINS NATURAL MARKET:](#)** Located in Driggs, this community grocer offers everything from fresh-pressed organic juice and smoothies, to all the energy food you'll need to get through the Ogre.
- **[PEAK PRINTING:](#)** Local print shop in Driggs, printing all our maps for the past nine years.

## **A FEW WORDS FOR THOSE NEW TO ADVENTURE RACING**

Welcome to the greatest sport there is! (In our humble opinion :)

Adventure racing requires a lot of planning and logistics, but it is SO totally worth it! You've already tackled one of the biggest hurdles—finding a team and getting signed up!

-Start getting organized as early as possible! We know all the gear required can be overwhelming, but the more you can be organized in advance (instead of the night before the race), the better your race will go. Ask your teammates what gear they already have, what they need, and what team gear can be shared. You can even decide in advance who is going to carry what.

-Team communication starts now. Who will be lead navigator and what is their experience level? Who is the workhorse and can carry the heaviest pack? Who is in charge of logistics? What is your strongest and weakest discipline as a team? What is your plan as a team if you get lost? Is everyone on the same page as far as goals and expectations of each other? What kind of training is everyone doing?

-Part of the fun of AR is the unknown...no marked course, no idea of where we might be sending you, no idea of what kind of terrain you might be in, etc. But this can also feel overwhelming when you're new and not used to this kind of racing! Keep in mind that everyone has the same amount of information and is in the same boat. As race directors, we will give you more and more information as the race approaches, and many of your questions will be answered over time. That said, don't be afraid to reach out to us with questions!

Please keep an eye on your inbox and on the website for future updates! In the meantime, feel free to reach out with questions anytime.

We can't wait to see you all in June,

Abby, Jason, and Aesa